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From Editor's Desk . . .

Dear (s)

The Nobel Peace Prize is one of the five Nobel Prizes created by the Swedish industrialist, inventor, and armaments manufacturer Alfred Nobel. It is a matter of pride and satisfaction that Kailash Satyarthi has been jointly awarded for the struggle against the suppression of children and young people and for the right of all children to education.

The floods and consequent devastation in Kashmir was a big tragedy. Nation's armed forces did a commendable job in relief operations. Now the Cyclone Hudhud has devastated Port city of Vizag and vicinity. In its aftermath, there is shortage of essential commodities with people scrambling for milk, drinking water, vegetables and petrol and there is no power supply. The place is struggling to return to normalcy, though streets strewn with uprooted trees and branches, electric poles, cables and other rubble have been cleared to a large extent. Incidentally, Hudhud (the name given by Oman) is a colourful bird found across Afro-Eurasia, notable for its distinctive "crown" of feathers.

It would be a mistake to simply dismiss Pakistan's violation of ceasefire which killed five civilians in villages close to the international border in Jammu, as just one of those things. Expert analysts point out that the period before winter sets in, when infiltration into Kashmir becomes difficult, is normally the time Pakistan ups the ante as it tries to push more jihadis into the state. Though it might sound irrational, our neighbour does not enjoy India's growing prestige in global affairs. They have tried to damage not only militarily but have made attempts to dent investor and business confidence in India. The response has been fitting.

The recent CLT20 saw many bowlers being sidelined with suspect actions – and International level, Ajmal was called. Its time that this is dealt sternly though complaints would ever remain that many from favoured Nations went scotfree. India finished 8th at the Incheon Asian Games – the highlight of India's performance was the range of disciplines which yielded medals. Gold medallists spanned diverse disciplines and this time India's performance at Asiads doesn't rest on a narrow base. Here are those who brought glory to our Nation winning Gold: Jitu Rai (Shooting); - Rajat Chauhan, Sandeep Kumar, Abhishek Verma (Archery Team); Saurav Ghosal; Mahesh Mangaonkar; Harinder Pal Sandhu; Kush Kumar (Squash Team); Yogeshwar Dutt (65 kg Freestyle wrestling); Seema Punia (Discus throw); Sania Mirza & Saketh Myneni (Tennis mixed doubles); Mary Kom (Boxing 51 kg); Men's hockey team; Priyanka Pawar, Tintu Luka, Mandeep Kaur & M. R. Poovamma (4 x 400 relay); Women's kabaddi team and Men's kabaddi team. Hats off to all of them.

Wishing you all a very Happy & Safe Deepavali

With Regards - S. Sampathkumar.



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தீபங்கள் ஆயிரம் ஏற்றும் தீபாவளித் திருநாள்

Deepavali, the festival of Lights enthuses everyone and is celebrated all over the Country with great enthusiasm. People wear new clothes, eat and share lot of sweets and celebrate with crackers. The very thought of Deepavali celebrations pervades happiness and would enthuse us ~ the fervour felt right from our childhood. It is a grand festival that would provide everything in abundance – sweets, visiting and sharing with friends and relatives, watching movies and more....

Be it T Nagar, Purasawakkam, Vannarapet, Mylapore – streets will be crowded as people go on a shopping free. Life has changed a lot from the days when families waited for Deepavali bonus and credit at NTC/Cooptex – to plastic money to billion day and other sales on the net. Yet the enthusiasm is only increasing – as people buy more clothes and sweets. It is a festival of common man celebrating and sharing their joy with family and dear ones.

Fire crackers – the small explosives designed to produce noise and the eye-capturing fireworks – both on the ground and on the air have captivated people for centuries now. Every year you get to hear newer names – new introductions - for ages the crowded Parrys would get more congested as Bunder Street, Badrian Street, Anderson Street all will look similar – only shops selling crackers. All roads would lead to shops selling fire crackers of various manufacturers including – Standard, National, Sri Kaliswari, Ayyan and other brands – now the sale is at Island grounds and other designated places citing safety reasons.

Sivakasi, in Virudhunagar District of Tamilnadu is the |◆ undisputed capital of India's firecracker industry with about 8,000 factories, big and small, producing 90 percent of the total fireworks output. This year there is a new challenge the entry of Chinese crackers – through illegal channels. Recently, the Madras High Court Bench directed the Centre to conduct raids nationwide and seize Chinese crackers that had been imported clandestinely owing to the "slackness" in vigil at ports, airports and border checkpoints and the "absence of coordination among government departments. Shocked at the submission of Tuticorin port officials that only 10 per cent of the imported consignments were examined, the judges said: "As the prohibited crackers are able to creep into India without authorisation, there is every likelihood of even dangerous explosive materials coming in, endangering lives, property and, most importantly, the security of the nation.

While the Govt. agencies would do enforcement of law – responsible citizens should desist buying such illegally

imported crackers. The Nation's security is uppermost let us celebrate Deepavali grandly – buy and burst crackers – buy only Indian crackers – only the ones legally made. When spirits run high this Deepavali, tipplers would glup more liquor and sadly some accidents too occur with people in inebriated condition. Let us pledge to ensure a safe Deepavali and advise people on the ill-effects of liquor.

Some section of media try to report that 'enthusiasm towards fireworks is going down; spiralling prices have forced people to buy less of firecrackers; the pollution awareness is swaying public away from crackers and the like—at Triplicane, Sri Parthasarathi Swami purappadu in the mada veethis takes 4 hours from 6 pm — 'hundreds of 10000 walahs and beautiful fire works would light the air — revealing the spirit and passion of celebrations..

As we celebrate grandly – it is imperative that 'we celebrate it safely'.

- Use Common sense and be aware of the fire and its propensity to cause damage.
- Never light flying fireworks from balconies or near buildings. Use terraces or open grounds.
- ◆ Keep all fireworks away from infants and small children and irresponsible people.
- ◆ Avoid loose clothing/synthetics. Wear cotton.
- ◆ Do not allow children to light fireworks without adult supervision. Fireworks are not toys for children.
- Never store fireworks near a flame or a source of heat.
- Never experiment. Don't take fireworks apart or mix anything with contents. And NEVER make fireworks at home. Fireworks that don't go off as expected may act unpredictably. Don't try to re-light duds. Soak them with water and throw away.
- ◆ Discharge one piece at a time. Keep all other Fireworks at a safe distance from where they are being discharged. Don't carry any Fireworks in pockets.
- Have a fire extinguisher or bucket of water at hand to extinguish an incipient fire. Also keep burn ointments handy.
- Keep pets indoor; close curtains and make things calmer for them
- Have concern for old and disabled persons. Do not light crackers near them

மருத்துவப்பணியில் சைமா

15th August is the most important day for the Nationand in 2014 – it did dawn specially On the 68th Independence Day, PM Shri Narendra Modi delivered in style his first Independence Day speech from the ramparts of the Red Fort. The Prime Minister spoke of building a brave, new India — a country in which every citizen has a bank account, women are safe, parliamentarians adopt villages, cleanliness is a priority, and much more. At SYMA medical centre, Shri M Murali of Sri Krishna Sweets hoisted the National flag.

We proceeded to Sri Seervi Samaj Bhavan – where we have been conducting 'Cataract detection camp' for many years now. This was organised in association with Lions Club Venus, Sri Kanchi Kamakoti Trust and Sri Sankara Eye Hospital Pamma. The Chief Guest was Shri M. Murali, Sri Krishna Sweets. Yours Truly, welcomed the Guests, spoke about SYMA and introduced the guests to the audience. Wg Cdr V Shankar, Hon Executive Director and J Babu, CEO of Sankara Eye Hospital were present. Our Treasurer Mr MK Sridharan proposed the vote of thanks. The camp was coordinated by M.A. Sadagopan.

There was very huge turnout and all the persons were attended to with patience and smile by the medical staff of Sankara Eye hospital, Pammal. Sankara Eye Hospital is an ISO 9001 certified, state of the art multi specialty eye hospital located at Pammal, with a singular vision of providing high quality care to all segments of society, rich or poor. Under its charitable eye care programme for the poor "Kannoli Vision Saver", the hospital has performed more than 195,000 vision restoring surgeries. In the financial year 2013-2014 alone, 17,571 surgeries have been performed. The hospital currently carries out an average of 60 surgeries every day

Cataract is a cloudiness or opacity in the normally transparent crystalline lens of the eye. The human lens is transparent so that light can travel through it easily. With opacification of the lens, it can no longer transmit a clear picture to the retina where it can be processed and sent through the optic nerve to the brain. The vast majority of cataracts are related to age (Senile cataract). Around 195 persons were screened – 34 were found afflicted. They were taken to Sankara Hospital and free cataract surgery was performed.

33 persons were prescribed spectacles and were given free by SYMA in memory of our beloved KE Raghavan, who passed away a few years ago. His brother KE Narayanan was present on the occasion. SYMA thanks all our donors and in particular Wg Cdr V Shankar, Hon Executive Director and J Babu, CEO of Sankara Eye Hospital for their continued support.

கொடையளித்த நல் உள்ளத்திற்கு மனமார்ந்த நன்றி

At Triplicane, opposite to the historic Bharathiar Illam, we have our Office where we run Medical Centre providing consultation and medicines to poor patients at measly Rs.2/-; this Centre functions from 5 pm to 7 pm on all days excluding Sundays and National holidays. SYMA is into 25th year of medical service now. On 23rd Aug 2014 – The Hindu 'Tamil edition' on its second page posted a news article on medical service of SYMA.

The newsitem nicely articulated on the good work of SYMA in various fields highlighting the Medical Centre providing consultation and medicines to poor patients at measly Rs.2/- To our surprise and delight, there was a visitor from KK Nagar, at our Medical Centre – led by the article and impressed by the service rendered, she donated Rs.3 lakhs for SYMA. The respected lady Mrs K.P. Vedambal had read about SYMA and was impressed by our service. SYMA thanks great people like her, the support provided by generous minded people enables our continuance of our service. Many many thanks to her and to all our donors. Another friend upon reading the article visited our Office and donated Rs.10000/- A nicely worded letter came from Tamilnadu Thyagikal Kazhagam (Martyrs association) – from far off Thuckalay, Kanyakumari Dist.

The Hindu Tamil edition on 15th Sept 14 (3rd page) followed up its earlier article reporting the good consequences of their earlier article. We place on record our gratitude to all our donors and thank the Organisation "The Hindu". Special thanks to Shri SR Ragunathan, Chief Photographer and Mr K. SriBarath who wrote the nice article.

Q: The 2014 Asian Games, officially known as the XVII Asiad concluded recently. Do you know who was the most valuable player and where the 18th Asiad will be held?

Ans: in Page No.4

சேவா விருது பெற்ற சிறந்த மருத்துவர்

SYMA has been honouring people who have excelled in the area of service to mankind and society by conferring SYMA SEVA AWARD. The recipient this year was Dr A.V. Srinivasan. One may not know what axon cable isor what is brain, spine, nerves and more Neurology is a medical specialty dealing with disorders of the nervous system. A nerve is an enclosed, cable-like bundle of axons – and in that complex environ, some small trouble can cause great discomfort and ailment to humans.

Dr AV Srinivasan is a famous Neurologist. Besides his great achievements in the field of medicine, he symbolizes service. He has been a member of SYMA from its earlier days and have actively participated in many camps and has been treating many poor patients free or at very nominal fees. It was indeed a privilege for us to appreciate the committed services of this learned person – a Neuro Surgeon who stands tall with many firsts that he has achieved and more importantly, his compassion to poor and needy.

Dr AVS is Emeritus Prof. at The Tamilnadu MGR University besides role in IIT (Madras) and Visiting Prof. at couple of Medical institutions in USA. Dr AVS is the first Neurologist from the state of Tamil Nadu in 50 years to present two papers one in the American Academy of Neurology. First Neurophysician from Tamilnadu Govt Service to be Awarded Fellowsip in USA,INDIA and Fellowsip IN UK. First Neuro physician of the State in Service to be awarded the PhD by the TAMILNADU Dr. M.G.R. Medical University. Only neurologist till date to be awarded on traveling Fellowship to go the USA as a commonwealth medical scholar Tamilnadu. Incidentally, he has completed 25 years in Neurology in the Institute of Neurology. He has a passion for writing too and has distinguished himself with seven books in Tamil. This genial person so many accomplishments has been serving the Society with vigour - extremely affable, conducts free Neurology clinic (200 weeks now) and provides free food on every first Thursday of every month.

We at SYMA have been benefitted by his knowledge, compassion and support in our Medical camps and by his advices. SYMA considers him an Extraordinary Role Model and found him the right person to be decorated with SYMA seva award. We pray to Lord Srinivasa to bestow on him and his family, long life, good health and vigour to enable him rendering service to the society for very many years to come. On the stage of our Educational Aid function, he concluded his speech with a new 'Aathichudi' which culminated with advice 'Aushatham thavir' – keep medicines away by leading healthy life. Great words indeed from a great person.

வாழ்த்துக்கள்

Chi.R.Kannan wed Sow. K. V.Aishwarya, (D/o. K.V.Veeraraghavan, life member, grand daughter of K.V. Krishnaswamy), at Ethiraj Kalyana Nilayam, Alwarpet on Sunday 7th Sept. 2014. Bliss wishes them Happy Married Life.

Ans to Q.Pg 3: Ans: Japanese swimmer Kosuke Hagino was announced as the most valuable player (MVP) of the Games. After collecting four gold, one silver and two bronze medals from seven events, one would think Kosuke Hagino would be happy with the Asian Games he's had.But Hagino gave himself a 50 out of 100, 60 tops. "Out of a 100, I think I deserve a 50 or 60," he is quoted as saying after finishing third in the 200-meter backstroke to compatriot Ryosuke Irie. The 18th Asian Games will be held in 2018 and will be hosted by Indonesia, with the capital city of Jakarta as main host while Palembang and Bandung will be supporting hosts. Originally Hanoi, Vietnam was chosen as the host. However, they withdrew due to the financial constraints.

அணுக வேண்டிய முகவரி : சைமா BUSS சைமா மெடிக்கல் சென்டர் 29, துளசிங்க பெருமாள் கோயில் தெரு திருவல்லிக்கேணி, சென்னை -600 005.போன்:28445050	உறுப்பினர்களிடமிருந்து செய்திகள், துணுக்குகள் உபயோகக் குறிப்புகள் வரவேற்கப்படுகின்றன. To
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