

From the President's Desk . . .

For internal circulation only

Dear Friends,

The world cup has just begun; On Friday, 9th of June World Cup got off to a great start with the host nation and three-times winner Germany taking on Costa Rica seeking to repeat its home World Cup triumph of 1974. From then on, the citizens of the world, have been rendered amnesic to the 'bigger' pressing issues hovering around their heads for a month. The trophy is 36 cm high, made of solid 18-carat gold and weighs 4,970 grams. The base contains two layers of semi-precious malachite and has room for 17 small plaques bearing the name of the winners - space enough for the World Champions up to the year 2038. The current FIFA World Cup Trophy cannot be won outright, as the regulations state that it shall remain FIFA's own possession. The World Cup winners retain it until the next tournament and are awarded a gold-plated replica. Only 32 countries – some obscure & unheard names like TOGO, play but moods of more than a billion people around the world, practically every continent, will rise and fall in accordance with what happens to that little ball in Germany. Togo is a Western African country bordering Ghana has only 54,385 sq km. Even in India, a country that has never had a national team in the World Cup finals and that is supposed to be obsessed with cricket, people will eat, live, and dream football for a month. On a global scale, World Cup 2006 is tipped to become the world's most followed event, sporting or otherwise.

Added to this is the cricket frenzy in the carribean islands where India came tantalizing close to winning the tests. For the ardent cricket lover, it deeply hurts when India is not winning tests abroad. We had everything going and at close of play on day three, WI having followed on were trailing by 330 runs & with only 8 of its second innings wickets at hand were in deep trouble. When victory seemed imminent, the entire day 4 was washed out without a single ball being bowled. If it was rain on fourth, Lara prevailed and thwarted Indians and sealed the deal on the last day.

All these aside, the volunteers of SYMA have been busy planning and implementing the modalities of its pet project - uniform distribution. The function is slated to be on 9th of July. The invitation is printed on page 3. Once again request our members to collect more funds to enable our serving more no. of needy people.

Gold winner Gold winner Gold winner

DISASTERS AND HUMANITY

The nation has witnessed many disasters but the news of the massive earthquake on 27th of May which had its epicentre in the Indian Ocean, about 37 km south of ancient royal city of Yogyakarta, about 450 km south-east of Jakarta, Indonesia did send shockwaves and shivers to many, especially those living in the coastal areas.

Fresh in our memories is the 2004 Indian Ocean earthquake, known by the scientific community as the Sumatra-Andaman earthquake, & which made the japanese word for tidal waves – tsunami, a household name. That was an undersea earthquake that occurred on the black Sunday of December 26, 2004, with an epicenter off the west coast of Sumatra, Indonesia. The earthquake triggered a series of devastating tsunamis that spread throughout the Indian Ocean, killing large numbers of people.

In the recent earthquake that rocked Indonesia's denselypopulated island of Java, around 3000 were reportedly killed. Fearing reprisal of tsunami panicked coastal residents fled to higher grounds, but experts from the Meteorology and Geophysics Agency said no giant waves had been reported.

Earthquakes and other natural disasters have been haunting humanity, wiping out kingdoms, killings thousands from time immemorial. Again, it is not the measurement of the earthquake that matters but the magnitude of loss that it havocs. The October 8, 2005 magnitude 7.6 earthquake in Pakistan was not especially large, but the more than 40,000 victims has raised it to the level of a major catastrophe. On the other, hurricane Katrina, was a major international story. It struck the vulnerable US Gulf Coast in August 2005 the death toll was around 1000 but together with extensive urban flooding that was a secondary effect, damage estimates from insurance costs alone were at \$30 billion, with total rebuilding likely to exceed Kobe. This is easily the most expensive disaster ever to hit the US, eclipsing Andrew in 1992

There have been many disasters like floods, earthquakes, tornadoes, hurricanes, famines, epidemics, volcanoes and others which have killed tens of thousands. It is feared that 10 million lives were lost in the famine of Bengal in 1769.

Whatever be the form of disaster, it is always the poor who are worst sufferers. With its vast territory, large population and unique geoclimatic conditions, Indian sub-continent is exposed to natural catastrophes traditionally. Even today the natural hazards like floods, cyclones, droughts and earthquakes are not rare or unusual phenomenon in the country. While the vulnerability varies from region to region, a large part of the country is exposed to such natural hazards which often turn into disasters causing significant disruption of socio-economic life of communities leading to loss of life and property.

The Government is aiming to build a safer and secure India through sustained collective effort, synergy of national capacities and people's participation. What looks a dream today will be transformed into reality in the next two decades. This is our goal and we shall strive to achieve this goal with a missionary zeal. The path ahead, which looks difficult today, will become a lot easier as we move along together.

There is definite role for social service organisation in the nation building.

நடந்த நிகழ்ச்சிகள்

16.4.2006 அன்று ஸ்ரீகிருஷ்ணா ஸ்வீட்ஸ் மற்றும் ஸ்ரீநிவாஸ் இளைஞர் நற்பணி சங்கம் இணைந்து கிருஷ்ணா ஸ்வீட்ஸ் நிறுவனத்தின்-சென்னை 365 ஒரு பகுதியாக இலக்கிய உரை நிகழ்ச்சி மகாகவி பாரதியார் இல்லத்தில் நடைபெற்றது.

முதலில் திருமதி ரேவதி கணேசன், பள்ளி ஆசிரியை கவிதைகள் வழங்கினார். பேரா. திரு. கு. ஞானசம்பந்தம் அவர்கள் 'மனித நேயம்' என்ற தலைப்பில் சொற்பொழிவாற்றினார். திரளாக மக்கள் கலந்து கொண்டனர்.

31.5.2006 அன்று ஸ்ரீகிருஷ்ணா ஸ்வீட்ஸ், ஸ்ரீநிவாஸ் இளைஞர் நற்பணி சங்கம் மற்றும் உரத்த சிந்தனை இணைந்து கிருஷ்ணா ஸ்வீட்ஸ் நிறுவனத்தின்-சென்னை 365 ஒரு பகுதியாக மக்கள் மேடை என்னும் பொதுமக்களின் எண்ணங்களை பிரதிபலிக்கும் புதிய நிகழ்ச்சி மகாகவி பாரதியார் இல்லத்தில் நடைபெற்றது.

சைமா தலைவர் திரு. டி.ஜே. ரமணி அவர்கள் வரவேற்புரையாற்றினார். உரத்த சிந்தனை தலைவர் திரு. எஸ்.வி. ராஜசேகர் அவர்கள் நிகழ்ச்சியை அறிமுகப்படுத்த திரு. உதயராம், தேர்வுக்குழு தலைவர், சன் டிவி அரட்டை அரங்கம் நிகழ்ச்சியை நெறிப்படுத்தினார்.

மாணவர்கள், பெற்றோர்கள் மற்றும் பொதுமக்கள் கலந்து கொண்ட இந்நிகழ்ச்சியில் தீர்ப்புரை வழங்கி மரபின் மைந்தன் முத்தையா அவர்கள் உரையாற்றினார். இவ்விழாவில் மக்கள் திரளாக கலந்து கொண்டனர்.

Question: the train transport in Chennai has come a long way from the existence of Southern Railway in 1961. Everybody knows that uniquely, Chennai possesses two Railway stations – Central & Egmore. On 16th of June 06, at Egmore a second gateway at the Poonamallee High road side, for the convenience of passengers from the northern and central parts of the city, was thrown open. It is reported that apart from Delhi and the MRTS stations in Chennai, Egmore is the only station to have escalators.

With this background, can you relate 'Berlin Hauptbahnhof' which made news on 26th May ?

(Answer in Pg. 3)

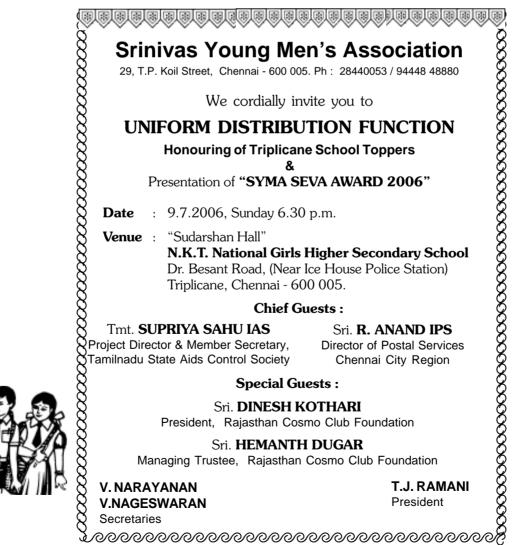
கல்விப்பணியில் சைமா

This year we intend distributing around 1000 uniforms to school children. Over the years, we have evolved systems of ensuring that it reaches deserving persons in the manner desired. As all of you are aware, major part of these uniforms are routed the schools concerned and for the rest, we distributed forms to the needy. For this process, tokens were issued, our volunteers regulated and application were handed over with names of the recipients written on them. The duly filled in applications were received & scrutinized by a team on 18th June 06 at NKT National Boys High School, Triplicane. As indicated on the forms, the applicants turned out in person accompanied by parents with proof of address & income. The uniforms will be distributed in the function to be held on 9th July 2006 at NKT National Girls' High School Triplicane.

Every year at the time of distribution of uniforms, we endeavour to have persons of pre-eminence delivering lectures which will motivate young students to become achievers in life. Besides, distributing uniforms, we will also honour the school toppers of various schools in Triplicane. We also intend taking care of educational expenses of few college students.

We heartily thank the donors without whom, we will not be in a position to render services in this magnitude. We also thank our volunteers for their untiring zeal towards social service.

The invitation for the function is printed below : Members are requested to consider this as a personal invitation and come to the venue and help us in proper conduct of the function.



மருத்துவப்பணியில் சைமா

SYMA again places on records its appreciation to Doctors – Shri V Shivakumar & K Seetha for the dedication with which they have been rendering noble services at our medical centre. Regularly, patients are thronging our centre, getting good medical treatment, free medicines & injections, thanks to the nursing assistance of Mrs. Saroja, Ms. Kashmeera & Mrs Rangamani Saranathan. The assistance of our volunteers also deserve special mention. Dr Sridhar, the great visionary behind the medical centre had expressed some very nice words on the functioning of the centre.

We should take extra pains to keep the good work going and continue our actions in doing something back to the society, from which we have got so much.

May 28th was another special day. SYMA organized a camp for detection of diabetes. Dr Madhuri S Balaji of Seshiah Diabetes Care & Research Institute and her team were available early in the morning. Around 160 patients were screened and follow up treatment given to those who were diagnosed as diabetic. Shri S Ve Sekhar, Mylapore MLA visited the camp and interacted with the public.

India is slowly obtaining the dubious distinction of being the "diabetes capital". When somebody comes to know that he/she is afflicted, they no doubt experience whole range of emotions of fear, anger, denial, frustration, depression & uncertainty but get solace that they are not all alone. Diabetes is often described not as a disease but as a disorder in which the body does not produce of properly use insulin. Insulin is a hormone that is needed to convert sugar, starches and other food into energy needed for daily life. The cause of diabetes continues to be a mystery, although both genetics and environmental factors such as obesity and lack of exercise, stress etc., appear to play roles. We will have a more detailed write-up on diabetes in our future issue.

We place on record our special thanks to Dr Madhuri Balaji & her team for their commitment. It was not mere detection and consultation but the words of comfort which placated the patients. We also wish to thank Dr Madhuri for consulting diabetic and general patients every month.

Our Special thanks are due to our Member S.R. Ragunathan, instrumental in bringing these specialists closer to us. Infact, SRR has always been in the forefront in arranging many distinguished eminent persons for presiding over our functions and this is one another occasion for us to place on record, our appreciation.

This month we have planned to conduct "Eye Camp" at our medical centre. Rajan Eye Clinic have come forward to run this camp. More details of this camp on the next issue of Bliss.

Anwer for Question in Page 2: Railways. It is Europa's largest railway station. Berlin Hauptbahnhof is the central railway station in Berlin, Germany. It began full operation two days after a ceremonial opening on May 26, 2006. It is on the site of the historic Lehrter Bahnhof, (Lehrte Station) opened in 1871 as the terminus of the railway linking Berlin with Lehrte, near Hanover, which later became Germany's most important east-west main line. The station was ceremonially opened by Chancellor Angela Merkel, who arrived together with transport minister Wolfgang Tiefensee in a specially chartered InterCity Express from Leipzig.

The five-storey glass and steel temple rises over the Spree River close to where the Berlin Wall used to cut through the city and will at last link its railway lines in the north and south with those in the east and west. Lehrter Bahnhof took eight years to build, but work started three years earlier on a tunnel of 3.6 kilometres (2.24 miles) that runs under the river and the government district. Some 1,100 trains and 30,000 passengers will pass through here every day and it is the first thing foreign visitors will see if they come to Berlin by rail to watch one of the six World Cup matches played in the capital.

The cost of Lehrter Bahnhof according to the local press is some 700 million euros (892 million dollars), making the pride of the German capital the country's most expensive station ever. The station has 54 escalators and 34 elevators, of which six offer panoramic views over the city.

உறுப்பினர்களிடமிருந்து செய்திகள், துணுக்குகள் உபயோகக் குறிப்புகள் வரவேற்கப்படுகின்றன.

அணுக வேண்டிய முகவரி : சைமா **இடிர்து** சைமா மெடிக்கல் சென்டர் 29, துளசிங்க பெருமாள் கோயில் தெரு திருவல்லிக்கேணி, சென்னை -600 005.

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வருந்துகிறோம்

நமது சங்க உறுப்பினர் திரு. J.லக்ஷ்மி நாராயணன் (9840749658) அவர்களின் துணைவியார் **திருமதி ரேவதி லக்ஷ்மி நாராயணன்** அவர்கள் 26.4.2006 அன்று இயற்கை எய்தினார். அன்னாரின் மறைவுக்கு **இடிரீலிலி** தனது ஆழ்ந்த இரங்கலைத் தெரிவிக்கிறது.

То

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