



# BLISS

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## From Editor's Desk . . .

Blood of jawan and tears of Indians are running in river Jhelum for at Uri, a town on the river – in one of the worst terrorist attacks on the Indian Army by fidayeen attackers, 17 army jawans were martyred. The initial investigations by the Army indicated the role of Jaish-e-Mohammed in the attack with weapons recovered from the slain terrorists having Pakistan marking. Prime Minister Shri Narendra Modi strongly condemned the attack and said the perpetrators will be brought to justice. The assertion by Prime Minister that those behind “will not go unpunished” has triggered considerable speculation about the options that India could exercise including a swift, surgical strike on terror camps in Pakistan-occupied Kashmir (PoK). It is our duty to pay homage to slain martyrs.



They say change is the only constant. It is a useful cliché that helps keep hope afloat. Change, unless it is driven by cataclysmic events, is a glacial process. SYMA on its part keeps taking efforts in changing the society by uplifting the children through education and quality health. Full details of our Educational Aid function inside. This issue also contains details of our medical camps. After celebrating our 25 years of Medical service comes the novel attempt, Wednesdays would be Special days – for on those days, specialists would provide quality medical care at our Medical centre.

From June 1932 to Sept 2016 – so much has happened ~ from that First test at Lords to Kanpur, India is set to play its 500<sup>th</sup> Test match. In Sports, between Beijing and Rio, the US has won more than 100 medals in each Olympics. There is no sports ministry in the US nor is there a department of sports. There happens talent spotting at schools, followed by scholarships in universities, followed by sponsorships and crowd-funding of the elite athletes. China has won over 250 medals between 2008 and 2016, and this model is driven by the state intervention and investment. India should do something before next Olympics.

At Delhi, usual endless blame game is happening as thousands of persons are affected by dengue and chikungunya. So many have been afflicted by diseases—malaria, dengue and chikungunya—spread by mosquitoes. Every year nearly 500 persons are killed by malaria—an ailment discovered by a French Army surgeon in 1880. Every Indian city has large open areas, uncovered drains, lets off untreated sewage, untended water bodies, poor garbage and waste management, and multiple layers of sloth. The aspiration of better health and outcome-orientation demands a structural overhaul. We must strive to keep the places clean which no doubt would improve the quality of life.

Many a star batsmen would slow down nearing that Century mark – Bliss started in 2003, is 100+ (this is 105<sup>th</sup> issue). Yours Truly sincerely regrets the missing issues of recent times – hopefully Bliss should hit the stands every month and seek your support in bringing out the same. Special thanks to our President TJ Ramani, for the special efforts taken in publishing this issue.

**With regards – S. Sampathkumar.**

## NOBLE DONORS

SYMA over the years has been greatly supported by kind-hearted donors. The names of donors of Rs. 1 lakh and above stand etched on the façade of our Medical Centre the list is growing. SYMA heartily thanks Sri V.P.Govindarajen for donating 3 Lakhs (thanks to Mr D Veeraraghavan) ; M/s Grundfos pumps India Private Ltd 1 Lakh (2<sup>nd</sup> time this) (thanks to Mr J.Venkatesan); Sri NKT Muthu @ Vizha Vendan Muthu - 1 Lakh; Sri AVM Saravanan of AVM Charities Rs.1 lakh (7<sup>th</sup> year in succession); Sri Narayana Vishwanath on behalf of Sri.V.Narayana Iyer Memorial Trust 1 Lakh (thanks to Mr Vittal Narayanan)



These noble donors by their kind act are ensuring that SYMA continues its service to the society for many more years to come.

## மருத்துவப் பணியில் சைமா

26.10.2016 அன்று திருவல்லிக்கேணி பண்டு கல்யாண மண்டபத்தில் தோல் சம்பந்தமான பிரச்சனைகளுக்கு தீர்வு காணும் முகாம் நடைபெற்றது. கலந்து கொண்ட அனைவருக்கும் டாக்டர் முரளி அவர்கள் பரிசோதித்து மருந்துகள் வழங்கினார். இந்த முகாமில் 92 பேர் கலந்து கொண்டு பயன்பெற்றனர். ஏற்பாடுகளை திரு.சடகோபன் எம்.ஏ. அவர்களும் எஸ். பார்த்தசாரதி அவர்களும் சிறப்பாக செய்தனர். உதவிய அனைத்து உறுப்பினர்களுக்கும் நன்றி. டாக்டர் முரளி அவர்களுக்கு எங்கள் நன்றி.

26.6.2016 அன்று டாக்டர் ஜெயலட்சுமி அவர்கள் Growth மாணவிகளுடன் பெண் குழந்தைகளுக்கான பிரச்சனைகள் குறித்து கலந்து உரையாடி அதற்கான தீர்வுகளையும், மருத்துவ ஆலோசனைகளையும் வழங்கினார். அவருக்கு எங்கள் நன்றி.

MOP துவக்க பள்ளியில் படிக்கும் 200 மாணவர்களுக்கு 21.7.2016 அன்று இரத்தப்பிரிவு கண்டறியப்பட்டது. ராகவேந்திரா துவக்க பள்ளியில் படிக்கும் 240 மாணவர்களுக்கு 12.9.2016 அன்று இரத்தப்பிரிவு கண்டறியப்பட்டது. இந்த இரண்டு முகாம்களிலும் சிறப்பு பணியாற்றிய திருமதிகள் சுகுணா, மஹாலக்ஷ்மி, பிரேமா, திருவாளர்கள் ரங்கராஜன், வெங்கடேஷ், வரதராஜன், துரை மற்றும் ஏற்பாடுகள் செய்த திரு. சடகோபன் ஆகியவர்களுக்கு எங்கள் நன்றி.

1989 முதல் 25 ஆண்டுகளாக நமது மருத்துவ மையம் சிறப்புற நடந்து வருகிறது. இங்கு ஏழை மக்களுக்கு சிறந்த மருத்துவ மூலம் மருத்துவ ஆலோசனையும் இலவச மருந்துகளும் வழங்கப்படுகிறது. இப்பணியில் நம்மை ஈடுபடுத்தி வழிகாட்டி ஊக்குவித்து வரும் டாக்டர் கே.ஸ்ரீதர் அவர்களை என்றும் வணங்குகிறோம்.

## LIFETIME ACHIVEMENT AWARD to our SYMA

SYMA with avowed aim of serving the society appreciates the efforts of fellow organizations and individuals. Every year, we honour good social workers with SYMA Seva award. 7th Aug 2016, provided a different experience.

Lions Club and Vama Gurukulam at Nemily Arakonam conferred '**Lifetime Achivement Award to our Organisation**'. The honour was conferred on our founder member, present President Mr TJ Ramani. A group of Office bearers and members visited the place on that Sunday and felt happy in **receiving the award from an youngster Sri.Karthikeyan** who himself is replicating the services of SYMA. This enthusiastic lad is mentoring 180 students in a small village called asa nelli kuppam in Arakonam. He is providing quality education, dedicating his time in grooming the students. His commitment, sacrificing nature and service are indeed adorable. The award conferred by this youngster who is silently reforming the society motivates us to do more.



## சைமா மருத்துவமையத்தில் சிறப்பு மருத்துவம்

சாதாரண ஆலோசனை, மருத்துவ முகாம்கள் தவிர, சிறப்பு மருத்துவ ஆலோசனைகளை தருவது சிறக்கும் என உணர்ந்து, மருத்துவ சேவைகள் விரிவாக்கும் விதத்தில் ஒவ்வொரு புதன்கிழமையும் சிறப்பு மருத்துவ ஆலோசனை வழங்க விழைகிறோம். இதை துவக்கி வைக்கும் வகையில் பம்மல் சங்கரா கண் மருத்துவர்கள் பார்வை கோளாறுகளுக்கு 7.9.2016 அன்று சிறப்பு மருத்துவம் அளித்தனர்.

திரு. ஜே. பாபு மற்றும் சங்கரா கண் மருத்துவமனை நிர்வாகிகளுக்கு எங்கள் நன்றி. 14.9.2016 அன்று டாக்டர் அப்பாஜி (Ortho) SRM SIMS HOSPITAL சிறப்பு ஆலோசனையில் 17பேர்கள் பயனடைந்தார்கள். 21.9.2016 அன்று டாக்டர் வித்யா வெங்கடேஷ் பல் சம்பந்தப்பட்ட பரிசோதனைகள் செய்து நோயாளிகள் பயன் அடைந்தனர். நமது மருத்துவ பணிகள் மேலும் சிறப்புற, உங்கள் அனைவரின் ஒத்துழைப்பையும் கோருகிறோம். முன்பதிவு அவசியம்.

## கல்விப் பணியில் சைமா

SYMA is wedded to the cause of social service – providing quality educational support is our avowed aim. Every children has the right to be educated. Only education will uplift them to higher echelons. Decades back, the system of Uniform was introduced to ensure that children do not suffer from any complex and that all those attending a school will look similar without disparity. Even in this rich metropolis, sadly there are many children who could ill-afford to have proper uniforms. We strongly believe that SYMA can make some difference to the way these unfortunate children attend their school. For over two decades now, we have been providing new uniforms to poor students.

This year also we distributed applications, scrutinized and finalized at one stroke, the recipients based on economic criteria. The students came to the venue, had their applications completed and walked out with cards with which they can collect the uniforms without hassle. Every year in our Function, we distribute uniforms, honour the school toppers of various schools in Triplicane, extend financial assistance to some students and honour a good social worker with 'SYMA Sewa Award'. That in essence is our Educational Aid programme. 9<sup>th</sup> July 2016 was the day, we held our Educational Aid Programme at 5 pm at NKT National Girls High School, Triplicane.

Our Secretary, Sanjeevi Raghunathan compered the programme. M.A.Sadagopan, Treasurer welcomed the Guests and introduced those on stage. President T.J.Ramani in his Presidential address spoke about our various activities, tracing the origin, and dwelt at length on our vision and ideals. Every year we have eminent people who have excelled in life – ensuring that students feel encouraged by great role-models. This year it was a person whom the entire State adores. Thiru Gagandeep Singh Bedi, IAS, Agricultural Production Commissioner & Secretary to TN Govt was the revered Chief Guest. The other guests were Sri Narayana Vishwanath, Chairman, V.Narayana Iyer Memorial Trust & Sri Gururaja Rao, Executive Vice president & Regional Head, Axix Bank.

Thiru Bedi's efficiency and doggedness came to the fore when tsunami struck. He as the Collector at Cuddalore displayed exemplary role in organising relief. The people of Kanyakumari still remember him as the best collector they had, who made the district plastic-free. An engineer from Patiala, Bedi began his career as a lecturer. He was later awarded the Director's Gold Medal for being the best all-round probationer at the IAS Training Academy. His first posting was as sub-collector of Sivakasi, and wherever he worked, he has created indelible impressions. SYMA was indeed fortunate to have such a great person and all felt highly energised by his presence.

Thiruvallikkeni besides its sacred, educational, patriotic fervor, has also been the place where the three facets of Tamil language flourished. Vizhavendhan Sri NKT G. Muthu is too well known. He was passionately associated with

Nataga Thamizh [drama form] and had seen very many stages, especially in what was the glorious chapter of Historic stageplays. His yeoman services to Finearts would always be remembered and appreciated by persons who were associated with Sabhas in Chennai. Shri Muthu is a philanthropist involved in helping the poor and downtrodden. This year, SYMA was happy in bestowing "SYMA SEVA AWARD 2016" to him in recognition of his outstanding contributions in the field of Finearts and service to society at large.

Triplicane has many educational institutions; some of them are century old. The toppers of various schools in Triplicane [in X Std and +2] were honoured on stage. This has been providing great encouragement and happiness to achievers. This award has been instituted by Mr TA Ramachandran in memory of his mother Mrs RajalakshmiPadmanabhan. Another award in the name of Vai Mu Kothainayakiammal was instituted by Sri V.M Venkatakrishnan. The achievers of SYMA Growth were honoured too. The Growth Topper every year receives 'D Krishnan Memorial award' instituted by Ms.BharathiBaskar. This year the prizes were also given to the winners of competition conducted by NKT Training college management to the students of Teachers training.

Sri Narayana Vishwanath, Chairman, V.Narayana Iyer Memorial Trust & Sri Gururaja Rao, Executive Vice president in their speech highlighted the importance of service to the society and being humble despite tall achievements. The Chief Guest of the day Sri.Gagandeep singh Bedi with his rich exposure, at various top positions dwelt at length from his early beginnings in villages drawing parallels from the experience imparted by his knowledgeable elders who left indelible impression by serving those around and improving the standards of the villages. It was rich experience instilling confidence and motivation for the students and for all us listening. It is SYMA's fortune to be associated with such great people and we felt immensely satisfied in having them on the podium distributing the Certificates.

Financial support to select students was given. Uniforms were distributed to select schools on stage. This year the distribution of uniforms on stage was symbolic and uniforms were distributed at NKT Boys High school on Sunday avoiding congestion, ensuring that the recipients got them without any hassle.

Our former President T.A.Sampathkumar proposed vote of thanks and meeting ended with National Anthem. The function went off very well, largely due to the meticulous planning in distribution of uniforms by our Vice President R Seshadri @ Durai ably assisted by Madhavan, D Veeraraghavan, S. Venkatesh and enthusiastic band of volunteers. We express our gratitude and thanks to all those who have been supporting us. We owe our success in Social activities to the active participation, blessings, advices and donations of so many good willed, like minded persons. The list of large hearted, good minded people is long. The help is

not measured by the amount of contributions alone but by the spontaneity, willingness and the kind heartedness. We would like to place on record, our special thanks to : all our donors, patrons and well-wishers. We place on record our special thanks to the management of NKT Management, Principal, Training college & Mr S Venkatadri. Special thanks are due to all our dedicated teachers. We thank M/s Manpower Group for sponsoring the expenses of SYMA Growth this year. We thank all our donors and members with special reference to Sri Balasubramaniam of Mangal Tirth Estates; Sri J

Venkatesan; citi bank and Royal sundaram employees; Mr.Prabhu Sukumaran, TS Lakshmanan, Mr CR Sridhar; Kumaran Dresses; Swaraj Graphics. We also thank the Press especially the The Hindu and The Hindu-Tamil. We also thank our members S.R.Raghunathan, Vittal Narayanan and A.V.Kasturirangan for arranging Guests. A line in appreciation for Sri Narasimhan Venkatakrishnan, who has been sending contribution every month from US. Generally, most of our collections come at the time of Educational Aid programme. We request our volunteers to put in extra efforts for collecting more funds. Together we will strive to make the Society a better place to live in.

## சதம் கண்ட மண்டயம் பார்த்தசாரதி

The man walks measured yet firm steps and is well known to Triplicanites. Mr. Mandayam Parthasarathi, has just turned 100 and motivates us with his enthusiasm. Tamil weekly 'India' launched in 1906 of which Subramanya Barathiyar was the editor was owned by patriotic Mandyam Brothers—Tirumalachar and Srinivasachar and our centurion Sri S Parthasarathi is the son of Mandayam Srinivasachariyar. Their family was in the forefront of freedom struggle and had Aurobindo connection as well. His forefathers established Sri Saraswathi Bhandaram which supported many scholars and ensured publication of many sampradaya granthas for the first time.

Sri S. Parthasarathi has contributed much and is guiding the Educational institutions of Hindu Sr Secondary School and century old Hindu Higher Secondary School, being a member in the Educational board of various Educational institutions including MOP college. Mr Parthasarathi at ripe old age, is extremely brisk and active. He is an exceptionally organized person, was a student of library science, worked as librarian, keenly organising the things the way he has done his life. Bliss prays for his continued good health.



## உங்களிடம் உதவி கோருகிறோம்

1977ல் துவங்கிய சைமா மருத்துவப்பணியில் வெள்ளி விழாவினை சிறப்புற கொண்டாடியது. நமது சமுதாய பணிகள் மேலும் சிறக்க, இதைவிட பெரிய இடம் தேவைப்படுகிறது. திருவல்லிக்கேணியின் நல் உள்ளங்கள், பிரதான சாலையில் திருக்கோவிலுக்கு அருகில் நமக்கு வாடகைக்கு இடம் கொடுத்தால் மருத்துவ பணிகளை இன்னமும் விரிவுபடுத்த முடியும். அன்பார்ந்த திருவல்லிக்கேணிவாசிகளை உதவி வேண்டுகிறோம்.

## YOUR ARTICLES ARE INVITED

Bliss, Voice of SYMA has hit a century the present one is issue no. 105. From a humble beginning in 2003, this newsletter has come a long way. Of late, it has become irregular as Yours Truly is struggling with preoccupations. Articles are invited and also would request some youngster to take over in a phased manner. Sincerely regret the missing issues

– S. Sampathkumar, Editor.

அணுக வேண்டிய முகவரி : சைமா BLISS  
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திருவல்லிக்கேணி, சென்னை -600 005.போன்:28445050  
© : T.J.Ramani 944848880  
S.Sampathkumar 9940086033  
R. Sanjeevi 9940086026  
E-mail : srinivasyoungmensassociation@yahoo.co.in.  
Website : www.syma.in

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