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From Editor's Desk . . .

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First regret my inability to bring out the May issue. Our AGM went off very well and we now have new set of Office bearers at the helm. (list on page 2). There was very good news as all the students of our SYMA Growth in +2 passed out successfully with 6 getting more than 1000. At 10th Standard the result was marginally lower, with all Of the 57 save 3 students passing out with 17 getting more than 400 marks. This success story was celebrated with posters around Triplicane luring more students to join our professionally run tuition centre.

The whole world is glued to the TV as the 19th Football World cup has begun on 11th June and scheduled to conclude on 11th July 2010. 32 teams are competing for the title whilst 204 teams participated in the qualification process. The finals would perhaps be the most watched event ever. This is the first time the tourney is hosted by an African nation, as SA defeated Morocco and Egypt in all African bidding process. The Asia cup at Dambulla is a much smaller event in comparison !!

The Nation had to relive the gruesome memory of the aftermath of that tragedy on 3rd Dec 1984 of Bhopal. It is extremely unfortunate that the long wait of 26 years for justice in the gas leak disaster came to a disastrous end. There is blame game with the Chairman of Union Carbide Warren Anderson ensued exit of the country by shameful politicians and continues to lead cozy life in Newyork whilst the victims have been awarded a pittance after years of suffering. The truth behind may never be out but the untold suffering of the victims has not even been monetarily compensated.

It is also unfortunate that there have been killings in quick succession typifying the brutal and ruthless hearts and minds of the so called radicals who kill innocent people justifying it as war against establishment, get support from section of society. The killing of innocent people who are already living in distressful and pitiful conditions and the killing of those on duty calls for strict rebuke and reprimand. The Govt as it does often would form a group of Ministers to look into these tragedies and slowly the issue would slip to oblivion.

We plan to have our Education Aid function on 4th July 2010 at Bharathiyar Illam. You are cordially invited for the function. Colourful brochures have already been sent to you. Request you to involve yourself in collecting more funds for funding our projects.

Regards – Sampathkumar S

அன்புடையீர்,

நமது மருத்துவ மையம் மற்றும் பரிசோதனை மையத்தை நடத்த ஒரு நாளைக்கு சுமார் ரூ.1000 செலவாகிறது. ஒருநாளைக்கான செலவினை புரவலர்கள் ஏற்றுக் கொள்ள ஒரு திட்டத்தினை செயல்படுத்தி வருகிறோம்.

சைமா மருத்துவ மையத்தில் ரூ.1000 அளிக்கும் புரவலர்களின் பெயரினை, அவர்கள் குறிப்பிடும் நாட்களில் பலகையில் எழுதுவித்து அன்று அவர்களது நன்கொடை மருத்துவமனை மற்றும் பரிசோதனை மையம் வரும் நோயாளிகளின் மருத்துவ செலவிற்கு உபயோகப்படுத்தப்படுகிறது.

உங்கள் முக்கியமான நாட்களான பிறந்த நாள், திருமண நாள் போன்ற இனிய நாட்களை மற்றவர் களுக்கு உதவும் வகையில் கொண்டாடுவீர்!

நன்கொடைகளுக்கு வருமானவரி விலக்கு உண்டு.

With best compliments from

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சிறுநீரக நோய் கண்டறியும் முகாம்

Kidney disease is listed as the ninth leading cause of death in the United States by the Centers for Disease Control and Prevention (CDC).

The kidneys are paired organs, a bean shaped structure, an essential part of the human anatomy. Each kidney is about the size of a fist. There are two, located near the middle of the back, just below the rib cage. The left kidney is slightly larger than the right. They serve the body as a natural filter of the blood and remove wastes. Each kidney has about 1 million filters, called nephrons. Nephrons remove waste and extra fluid from blood in the form of urine.

Renal physiology is the study of kidney function while Nephrology is the medical specialty concerned with kidney diseases. **Chronic kidney disease** (CKD) is a progressive loss of renal function over a period of time. of months or years. The symptoms of worsening kidney function are unspecific. Often, chronic kidney disease is diagnosed as a result of screening of people known to be at risk of kidney problems, such as those with high blood pressure or diabetes and those with a blood relative

with chronic kidney disease.

The costs and complications involved in treatment of kidney disease can be avoided by early detection. It is unfortunate that the awareness amongst the general public about the disease is low. People with the disease when detected earlier and treated properly will have lesser problems and SYMA felt the need for organising a camp for creating this awareness.

We organised a Kidney disease awareness camp on 23.05.10 at Bharatiyar House, Triplicane. Dr.S Jayalakshmi and Dr.Indhumathi conducted the camp. The camp was sponsored by Wockhardt. Around 100 persons were screened and follow up action recommended.

Dr.S. Jayalakshmi, MD DM (Nephro) presented a power point presentation and explained in detail about the kidney disorders and the need for identification at early stage. There was an interactive Q & A session also. We thank the Doctors, Wockhardt and from Murali for this health initiative.

Good show by NKT Boys High School.

It was indeed a proud moment for the 63 boys who passed their 10th standard examination. NK Thirumalachariar National Boys Higher Secondary School arranged for a function on 15th June 2010 to felicitate the successful candidates and for distributing their mark sheets.

The boys had assembled gleefully and whiff of expectation filled the air. The boys were anxious to celebrate their hour of glory. Indeed a big moment for them to receive mark sheets from their Correspondents.

The podium had august gathering of Mr Venkatadri, the school Head Master, renowned social worker Dr Sarojini Varadappan, President of the NKT Education Trust, Smt. Leela Sekhar, Vice President of NKT Trust, Dr M Arumugam, Secretary of NKT Boys High School, Mrs KN Vijayalakshmi, Retd. HM. The school authorities had extended invitation to SYMA also. SYMA was represented by its Secretary and BRP Sarathy.

The school Headmaster Mr Venkatadri, welcomed all. He felt ecstatic as the school had produced 82% result - 63 of the 77 candidates who appeared for the Board examination in 10th standard had passed out. By all means

a grand achievement, coming as it did after almost 15 years. This is entirely due to the hardwork, coordination and nurturing the wards by the HM and the school teachers who took extraordinary efforts in inculcating education.

The students received their marksheets from Padma Bushan Dr Sarojini Varadappan. Dr M Arumugam, Leela Sekar and Sampathkumar also spoke on the occasion. There were words of appreciation to SYMA for their help, especially for SYMA Growth. The function ended with National anthem. 4 students who had studied in our tuition centre and had obtained more than 400 marks would be given a cash prize of Rs.2000/- each.

SYMA is grateful to Mr Venkatadri, Head Master and Mrs Leela Sekhar and other Office bearers of NKT Educational Trust for providing us the venue for running SYMA Growth. We are also thankful to Mr Venkatadri and Mrs KN Vijayalakshmi for the efforts and regularity in conducting tuition classes at our Centre. We also place on record our appreciation for the Team of Volunteers who have taken painstaking efforts in running this centre. We look forward to your continued support and cooperation.

Ques : It was Sept 2004, a famous talk show was on air and the 276 audience members were surprised. The Host yelled, the audience screamed, cried and hugged each other; followed the Host outside the studios ? What was that event ?

Ans : Pg 4

SUCCESS STORY OF SYMA GROWTH

SYMA is deeply interested in the welfare of the society and have realized the imperative need for providing quality education to children. Right from our formative years, we have been making efforts to impart education to the children in neighbourhood. Over the years we have clearly understood the needs of students and the need for professionally trained teachers to impart education. We decided to concentrate on those appearing for the public examinations (10th & 12th) the results of which would shape the career of the students.

Just as there are innumerable opportunities in the modern world, there are many distractions too and some students tend to sway away from the mainstream. In a classroom atmosphere there could be inequalities arising out of various factors. When a student loses focus at the initial stages, suddenly he / she would find themselves being far away, not able to understand what is being taught and would stay away from the main stream. It is also the innate inhibition, the lack of courage to ask questions or tell the Class teacher about their inability to comprehend that makes them feel aloof.

Such students are most likely to lose track and fail in the examination. Failure is a monster and could potentially destroy the student. A failed student not only loses studies but becomes an object of ridicule, loses self confidence and in the mental pressure to establish, some turn violent and some would even turn anti – social.

A Social Service Organisation's objective is to help the society. We want better citizens. We want to inculcate in them great qualities and we felt the need for taking care of those students who are on the margin and would not succeed if no personal attention is provided. It is also a matter of fact, that many of these children hail from economically underprivileged sections and cannot afford to have private tuitions. Poverty, hunger, suffering are all the same – irrespective of caste, creed, community or religion.

With these lofty ideals, we launched our own tuition centre SYMA Growth on 6th July 2008. The aim was to improve the lot of average students who crave to be nurtured and cared for. It was inaugurated at NKT National Girls Higher Secondary School, Triplicane by Shri R Sekar, IPS, (the then) Commissioner of Police, Greater Chennai.

From that day onwards, lots of SYMA volunteers have strained themselves to ensure success of the project. This year we had 100% pass out in + 2 with 6 students obtaining more than 1000 / 1200 – the first getting 1131.

This year the effort continues; we have a dedicated coordinator who would ensure attendance of the students and coordinate with the Instructors. We have necessary wherewithal and more importantly the willingness and dedication of our members.

We pray to Almighty for success of this project and look forward to continued support of you all.

இரத்ததான முகாம்

இடம் : பாரதியார் இல்லம், T.P.கோயில் தெரு,
(SYMA மெடிக்கல் சென்டர் அருகில்)
தீருவல்லிக்கேணி, சென்னை - 5.

நாள் : 27.06.2010 (ஞாயிறு)

நேரம் : காலை 9.00 மணி முதல்
மதியம் 1.00 மணி வரை

தொடர்பு கொள்ள வேண்டிய தொலைபேசி எண்கள்

9884015444, 9940558720, 9444848880

உயிர் காக்கும் ரத்த தானத்தின் அவசியத்தை சைமால் ஆண்டுகளாக வலியுறுத்தி வருகிறது. நமது இணைய தளத்தில் நூற்றுக்கும் மேற்பட்ட இரத்த தானம் செய்வோரின் விவரங்கள் உள்ளன. இளைஞர்கள் மற்றும் பொதுமக்களிடையே இதுபற்றிய விழிப்புணர்வு ஏற்படுத்த முகாம் நடத்த உள்ளோம். அதன் விவரங்கள் பக்கத்தில் காண்க.

ரத்த தானம் செய்ய முன்வருவோர் எங்களிடம் பதிவு செய்தால் அவர்களது விவரங்களை நமது இணைய தளத்தில் போட உள்ளோம். முன்பே பதிவு செய்தவர்கள் தயவு கூர்ந்து தங்களைப்பற்றிய விவரங்களில் முக்கியமாக தொலைபேசி/கைபேசி எண்ணில் மாற்றம் இருந்தால் தெரிவிக்குமாறு வேண்டுகிறோம்.



அன்புடையீர் வருக வருக
சைமா உங்கள் அனைவரையும் சீருடை வழங்கும் விழாவிற்கு அழைக்கிறது.
வாருங்கள் ஒன்றாய் சேருங்கள். கூடுங்கள் வலிமை பெறுவோம்.
சமுதாயத்தில் வளம் தழைக்கச் செய்வோம்.



SYMA

Srinivas Youngmen's Association (Regd)

No.29, T.P. Koil Street, Triplicane, Chennai - 600 005. Ph : 9940086033

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at **Bharathiyar Illam**, T.P. Koil Street, Triplicane, Chennai-5.

Chief Guests :

Sri. T.T.SRINIVASA RAGHAVAN

Managing Director, Sundaram Finance

Sri. A.V.M. SARAVANAN

Film Producer

will distribute Uniforms to Poor Students and present

“**SYMA SEVA AWARD 2010**” to **Smt. Subha Sridhar**

T.A. SAMPATHKUMAR
President

SANJEEVI RAGHUNATHAN
S.SAMPATHKUMAR
Secretaries



அறிவை வளர்த்திட வேண்டும். மக்கள் அத்தனைபேருக்கும் ஒன்றாய் சிறியரை மேம்படச் செய்தால் பின்பு தெய்வம் எல்லோரையும் வாழ்த்தும் என்ற பாரதியின் வாக்கை மனதில் கொண்டு கல்விகற்கச் செல்லும் மாணவர்கள் அழகான சீருடையில் பள்ளிக்குச் செல்ல உதவும் நமது முயற்சிதான் சீருடை வழங்கும் விழா.

Ans : The Oprah Winfrey Show is an American syndicated talk show, hosted and produced by Oprah Winfrey It is currently the longest-running daytime television talk show in the United States, having run nationally since September 8, 1986. Oprah celebrated the premiere of 19th season by surprising each of 276 members with a Pontiac G6 car. At that time it was valued around \$ 28000 each, donated by GM. Subsequently there were voices that winners had to pay tax on the winnings, just like any other prize, though Pontiac agreed to pay most of the local charges, including state sales tax and licensing fees. The gift, Pontiac G6 is a mid-size car that was produced under the Pontiac brand of American automaker General Motors.

அணுக வேண்டிய முகவரி : **சைமா BUSS**

சைமா மெடிக்கல் சென்டர்

29, துளசிங்க பெருமாள் கோயில் தெரு
திருவல்லிக்கேணி, சென்னை -600 005.

☎ : T.A. Sampathkumar 9841078109

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Website : www.syma.in

உறுப்பினர்களிடமிருந்து செய்திகள், துணுக்குகள்
உபயோகக் குறிப்புகள் வரவேற்கப்படுகின்றன.

To